



# Welcome to UT Health San Antonio TCHAT!

## What is TCHAT?

TCHAT (Texas Child Health Access Through Telemedicine), is a partnership between UT Health San Antonio and the State of Texas. We provide FREE mental and behavioral healthcare services for students and their family within partnering school districts. Students will receive **short-term interventions** and referrals will be made if long-term services are needed. *Please note all services are telemedicine, meaning they are video visits and are **NOT** in-person.*

## Please complete and return the following forms & documents:

*Once your Proxy Form has been processed, you will receive an email with a MyChart Activation Link. After you have activated your MyChart account, we will then contact you to schedule your child's appointment.*

- Under 18 Proxy Form.....(Page 2)
- Release of Information Forms.....(Pages 3,4)
- Patient Information Form.....(Page 5)
- No Show/Missed Appointment Policy Form.....(Page 6)
- Email Authorization Agreement.....(Page 7,8)
- Copy, photo, or scan of Identification card (ID) or Driver's License
- Copy, PDF, or scan of legal documentation proving legal guardianship **(if applicable)**
- Copy, PDF, or scan of divorce decree/court order **(in situations involving divorced parents or court ordered custody agreements)**
- TRAYT Intake Form: This will be sent to your email address once your packet is received, and it must be completed prior to your first appointment.

## Return these forms and required documents to TCHAT via:

**Online Secure Link**

(provided in your email)

**OR**

**Fax: 210-450-2450**

This form should be completed by a parent or legal guardian ("Proxy") who requests access to portions of his/hers child's (under 18 yrs.) Electronic Protected Health Information maintained by UT Health Science Center - UT Health of San Antonio and/or any of their affiliated clinics through MyChart. The Parent/Legal Guardian "Proxy" must agree to and comply with the terms and conditions of the My Chart web-page and this document.

Proxy must complete all fields and provide photo ID and legal documents (if permanent Legal Guardian of the Patient) as noted below.

**Child's ("Patient Information"):** All sections required - please print clearly

Patient's Name		DOB:	
Street Address			
City:		State:	Zip:

**Parent/Legal Guardian ("Proxy") Information:** All sections required - please print clearly

Email Address			
Proxy's Name:		DOB:	
Street Address:			
Phone Number:			
City:		State:	Zip:

**My Relationship to the Child is as Follows:**

Parent                       Custodial Parent                       Non-Custodial Parent

OR

Permanent Legal Guardian - Must attach a copy of the court order appointing guardian and letter of Guardianship verifying the proxy's status as permanent Legal Guardian of the Patient

**I acknowledge and agree that:**

- I will comply with the terms and conditions on the MyChart web page and this document. If I am the permanent legal guardian for this patient, I have the proper documentation that authorizes this, thereby allowing me access to his/her protected health information through MyChart.
- When my legal authority to act on behalf of the patient has been inactivated, revoked, terminated or expired, I must immediately notify this institution in writing of the revocation, termination or expiration and mail to: UT Medicine of San Antonio, Health Information Management Department, 8300 Floyd Curl Drive - MC 8308, San Antonio, Texas 78229.
- I understand that MyChart is intended as a secure online source of confidential medical information. If I share my MyChart ID and password with another person, that person may be able to view my child's health information as a MyChart Proxy.
- I agree that it is my responsibility to select a confidential password, to maintain my password in a secure manner, and to change my password if I believe confidentiality may have been compromised in any way.
- I understand that it is my responsibility to ensure that my e-mail address is current at all times, and that if my email address is not current, I will not receive important messages from MyChart.
- I understand that MyChart contains selected, limited medical information and that MyChart does not reflect the complete contents of the electronic medical record, I also understand that a copy of my child's electronic medical record may be requested from The Health Information Management Department.
- For a child age 0-17 years, I will be granted full access to my child's MyChart record.
- On the child's 18th birthday, I will no longer have access to my child's MyChart record.
- I have completed the MyChart Authorization for Use or Disclosure of Electronic Protected Health Information.

<b>Proxy Signature (Required)</b> <small>Type your full name to sign this document</small>	<b>Relationship to Child (Required)</b>	<b>Date (Required)</b>	<b>Time (Required)</b>
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**Return this completed form along with the following items to our office:** A copy, photo or scan of your identification card (ID), A copy, PDF or scan of legal documentation proving guardianship, if appointed guardian.

**There are three ways to return this form and additional documents/attachments to us:**



University of Texas Health Science Center  
 8300 Floyd Curl, MC 8308  
 San Antonio, Texas 78229  
 Phone: 210-450-9760  
 Fax: 210-450-6058

**Authorization for Release of Health Records to External Parties**

1. I authorize UT Health San Antonio, Texas Child Health Access Through Telemedicine (TCHAT) to disclose information from the health records of:

Patient Name: \_\_\_\_\_  
 MRN #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

2. The information is to be disclosed to: Current School District:

Address (sender/receiver if other than UT Health Physicians): \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Contact Person: \_\_\_\_\_  
 Phone/Fax: \_\_\_\_\_

I authorize this information to be disclosed in the following ways:

- Written/Photocopy/Paper
- Verbal
- Fax
- Electronic Mail \*

**Purpose of the disclosure: To provide an Educational Plan for the school district to support the patient in the school setting**

3. **Dates of Treatment:** From: \_\_\_\_\_ to: \_\_\_\_\_

**Specific reports to be disclosed:**

- Progress Notes
- Discharge Summary
- X-ray films or other images
- Entire Health Records (including, but not limited to, information regarding medical/health treatment, insurance, demographics, referral documents, and records from other facilities.)
- Other (Specify): Educational Plan provided by TCHAT Psychiatric or Behavioral Healthcare Provider
- Laboratory Reports
- Radiology Reports
- Photographs/Videotapes
- Operative Reports
- Consultation Reports
- Records from other facilities

I give specific authorization to disclose the following information:

- HIV test results
- Drug and alcohol abuse treatment records
- Documentation of AIDS diagnosis
- Psychiatric/Mental Health treatment records

I understand that I may withdraw or revoke my permission at any time. If I withdraw my permission, my information may no longer be used or released for the reasons covered by this authorization. However, any disclosures already made with my permission are unable to be taken back. I may revoke this authorization by notifying UT Health Physicians in writing.

My treatment will not be based on the completion of this authorization form. The information to be released by this authorization may be re-released by the person or organization that receives it and may no longer be protected by Federal or Texas privacy regulations.

Unless revoked earlier, this authorization expires in one year unless I specify another time: \_\_\_\_\_

I release the individual or organization named in this authorization from legal responsibility or liability for the disclosure of the records as authorized on this form. I understand that this authorization is voluntary and that I may refuse to sign it. I will be provided a copy of this signed authorization, if requested. A photocopy of this authorization is as valid as the original.

\_\_\_\_\_  
 Signature of Patient (or Patient Representative)

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Printed Name of Patient or Patient Representative

\_\_\_\_\_  
 Authority of Representative to Act for Patient

\*Note: Release of Psychotherapy notes requires a separate authorization

Revised 05/2017



Authorization for Release of Health Records to External Parties

1. I authorize University of Texas Health Science Center at San Antonio to disclose information from the health records of:

Patient Name: \_\_\_\_\_

MRN #: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

2. The information is to be disclosed to: Pediatrician/Primary Care Practitioner Name: \_\_\_\_\_

Address (sender/receiver if other than UT Health Physicians): \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Phone/Fax: \_\_\_\_\_

I authorize this information to be disclosed in the following ways:

- Written/Photocopy/Paper Verbal Fax Electronic Mail \*

Purpose of the disclosure: Coordination of TCHAT care with Pediatrician/PCP

3. Dates of Treatment: From: \_\_\_\_\_ to: \_\_\_\_\_

Specific reports to be disclosed:

- Progress Notes Laboratory Reports Operative Reports
Discharge Summary Radiology Reports Consultation Reports
X-ray films or other images Photographs/Videotapes Records from other facilities
Entire Health Records (including, but not limited to, information regarding medical/health treatment, insurance, demographics, referral documents, and records from other facilities.)
Other(Specify): \_\_\_\_\_

I give specific authorization to disclose the following information:

- HIV test results Documentation of AIDS diagnosis
Drug and alcohol abuse treatment records Psychiatric/Mental Health treatment records

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Signature of Patient (or Patient Representative)

Date

Printed Name of Patient or Patient Representative

Authority of Representative to Act for Patient

\*Note: Release of Psychotherapy notes requires a separate authorization

**PATIENT INFORMATION:**

Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (M.I.) \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security #: \_\_\_\_\_ Sex: \_\_\_\_\_

Street Address: \_\_\_\_\_ (Apt #) \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_ Grade: \_\_\_\_\_

Preferred Language: \_\_\_\_\_ Race: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

**PARENT/GUARDIAN INFORMATION:**

Father's/Guardian Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mother's/Guardian Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Cell Phone \_\_\_\_\_ Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Parent's Relationship: \_\_\_\_\_

**Please provide copy of divorce decree or court order in situations of divorce, separation, or court ordered custody agreements**

Guardian's Relationship: \_\_\_\_\_

**INSURANCE SUBSCRIBER:****Required for medication services or long-term care referrals only (if applicable).**

Policy Holder Name: \_\_\_\_\_ DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Insurance Name: \_\_\_\_\_ Insurance ID#: \_\_\_\_\_ Group #: \_\_\_\_\_

Relationship to patient: \_\_\_\_\_ Employer: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**PRIMARY CARE PROVIDER:**

Physician Name: \_\_\_\_\_ Office Number: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

**PHARMACY:**

Pharmacy Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**EMERGENCY CONTACT:**

Name of person not living with you: \_\_\_\_\_ Relationship: \_\_\_\_\_

Cell phone: \_\_\_\_\_ Home phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **NO-SHOW/MISSED APPOINTMENT POLICY**

Thank you for trusting TCHATT with your Psychiatric and Behavioral Healthcare services. We understand that there are emergencies or that you may need to cancel or reschedule an appointment.

Should you need to cancel or reschedule an appointment, please contact our office as soon as possible, and no later than 24 hours prior to your scheduled appointment. This gives us time to schedule other patients who may be waiting for an appointment. Please see our Appointment Cancellation/No-Show Policy below:

If less than a 24-hour cancellation is given, this will be documented as a “No-Show” appointment:

- First No-Show or cancellation/reschedule without 24-hour notice, the patient may be rescheduled and reminded of the policy.
- Second No-Show or cancellation/reschedule without 24-hour notice, all scheduled follow-ups will be cancelled, and the patient will need to call back to reschedule.
- Third No-Show or cancellation/reschedule without 24-hour notice, the patient may be dismissed from TCHATT.

To ensure that each patient is provided the allotted scheduled time for their visit, and to provide the highest quality of care, it is very important to be on time for each scheduled appointment. Please arrive 15 minutes prior to your scheduled appointment.

As a courtesy, an appointment reminder call is made to you through our automated system two business days prior to your appointment. **If you are still unsure of your appointment date or time, please contact us.** It is the responsibility of the patient to arrive for their appointment on time. Please keep in mind, even if you do not receive a reminder call or message, the above Policy will remain in effect. We are here to help.

Thank you for using TCHATT, and we look forward to serving you!

**Patient Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Parent/Guardian Name:** \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## E-mail Authorization Agreement

UT Health San Antonio offers patients the ability to communicate with healthcare providers via electronic mail (e-mail) for non-urgent matters through a secured mechanism. Both you, the patient, and your provider have to agree to this arrangement. ***No information is ever sent electronically without permission given by you or your legally authorized representative.***

### Appropriate uses for e-mail

E-mail may be used to request information and ask non-urgent questions. It should not be used in emergencies. If you are experiencing a sudden or severe change in your health or otherwise need an immediate response, please contact your healthcare provider's office by telephone, call 911, or go to an emergency room.

E-mail may be used to send protected personal health information for:

- Prescriptions/refills
- General medical advice after an initial face-to-face visit
- Lab test results
- Patient educational material

### Secure e-mail mechanism

Once we have received your permission, your provider will send an e-mail to a secure location. You will receive an e-mail telling you that the provider has left you a message. In the e-mail there will be a link to click on. This link will take you directly to the e-mail message. The risk associated with this e-mail mechanism is if others have access to your e-mail, they will have the ability to click on the link and will be able to view the information.

If you have an e-mail address and would like to take advantage of this service, please discuss your wishes with your healthcare provider (e.g., doctor) first. Some providers do not communicate with their patients electronically. Others may ask an

associate such as a nurse or billing person to contact you, based on your e-mail request.

UT Health San Antonio may forward e-mails as appropriate for diagnosis, treatment, and other related reasons. As such, UT Health San Antonio staff, other than your provider, may have access to e-mails that you send. Such access is only to make available healthcare services to you. Otherwise, UT Health San Antonio will not forward e-mails to any one else without your prior written consent, except as authorized or required by law.

### Keeping records of e-mail communications

E-mail communications will be documented in one of two ways: (1) an electronic note maintained in a computer system and/or (2) a paper copy filed in your medical record.

### Sending e-mail

Please include your full name and your medical record number in every e-mail message that you send to your healthcare provider. This information is required so the provider can establish that the person requesting medical advice is in fact the person the sender claims to be. Without this information, the physician will not be able to address your questions. The subject line should include the purpose of the e-mail, for example: "Prescription Refill Request".

When you receive a message from your provider containing medical advice, please acknowledge the message by sending a brief reply to the provider.

If a message is ever returned because of a "bad address" please make sure that you entered the complete address as it was given to you. If you are sure that you entered the address the provider gave to you, please call the provider's office and make sure you have the correct e-mail address and that the computer system is functioning properly.

If your healthcare provider does not answer your e-mail in 2-3 days contact the office by telephone.



## E-mail Authorization Agreement

UT Health San Antonio may choose to discontinue e-mail communication at any time.

### **Privacy and security of e-mail**

***Do not use e-mail to send or request sensitive information.*** This includes personal information you do not want other people to know about. Additionally, you should be aware of and understand that if you use e-mail provided by your employer, any e-mail sent on your employer's system may be viewed by your employer.

***UT Health San Antonio cannot and does not guarantee the privacy or security of any messages being sent over the Internet.*** There is the potential that e-mail sent over the Internet can be intercepted and read by others. If this is of concern to you, you should not communicate with your healthcare provider through e-mail.

This document along with UT Health San Antonio's "Notice of Privacy Practices" constitutes a notice of privacy practices for e-mail use as required by the Texas State Board of Medical Examiners.

### **Authorization to use e-mail**

I have been informed of and understand the risks and procedures involved with using e-mail. I agree to the terms listed on this form and hereby voluntarily request, consent to, and authorize the use of e-mail as one form of communication with my physician, and his/her associates, technicians and other health care providers.

You will be given a copy of this signed form to keep for your records.

---

Patient E-mail Address

---

Patient Signature

---

Date

---

Patient Representative (Relationship)

---

Date

---

Clinic Manager/Clinic Supervisor

---

Date

Patient Label





**CPAN**  
Child Psychiatry  
Access Network

## After TCHATT, follow up with your Pediatrician.

Your pediatrician is able to support your child's mental healthcare needs. The Child Psychiatry Access Network (CPAN) serves to empower and equip pediatricians to manage mental healthcare treatment.



Your local CPAN team is here to help ensure your child's long-term mental and behavioral healthcare success!

Please provide this flyer to your pediatrician and ask them to contact CPAN: 1-888-901- CPAN (2726), option 3 then 2.

### CPAN offers FREE services to Pediatricians:



Telephone clinical consultation for pediatricians during business hours with a child psychiatrist or mental health clinician.



Care coordination for assistance with referrals to community mental health services.



### UT Health San Antonio CPAN Team



**TCHATT**  
Texas Child Health Access  
Through Telemedicine



**tcmhcc**